

Event: Creating Joy as a Vegan Advocate

Presenter: Dr. Will Tuttle PhD

Date & Time: Wednesday, August 22 3pm – 5pm

Location: [Green Cuisine](#)
560 Johnson St #5, Victoria, BC V8W 3C6 (in Market Square)

Participants may purchase a meal prior to, or after, the event.

**Maximum
Participants:** 50

Price and Payment Options: A CASH DONATION is greatly appreciated for Dr. Tuttle's talk, on the afternoon of the talk. Meals can be purchased before or after the talk. Donations may also be offered at the time of Registration (through cash, cheque or Interac bank transfer)..

Please Pre-Register prior to the Event.

Registration Options:

1. Directly with the Event Contact (see contact details below); or,
2. Through [Eventbrite](#).

Link to [Facebook Event page](#).

Event Description: Dr. Tuttle shares personal insights on how we can become more effective in vegan advocacy by seeking and spreading peace, joy, love and compassion.

He offers tips and techniques to help us remain positive, healthy, focused, respectful, kind and joyful in a movement in which many advocates experience inner trauma, along with insights into the Six Paramitas, powerful Buddhist teachings that help us transform ourselves into uplifting beacons of light for others.

Designed to Inspire: Vegans who wish to:

- ⇒ Bring love, joy, peace, compassion and healing to others
- ⇒ Serve as positive role models
- ⇒ Inspire others in a lifestyle that embodies Ahimsa

About the Presenter: Dr. Will Tuttle, Zen Dharma Master, pianist, composer, educator, and internationally celebrated author, has performed and lectured throughout North America, Europe, Asia, Australia, and more recently Africa and the Middle East. His doctorate degree with highest honours from the University of California, Berkeley, focused on educating intuition in adults, and he has taught college courses in creativity, humanities, mythology, and philosophy. He has a broad background in both Eastern and Western meditation traditions, and is a former Zen monk. Devoted to planetary awakening and to creating uplifting healing music, he has created 8 much-loved CD albums of original piano music, as well as his #1 Amazon best-selling book, [The World Peace Diet](#). He is the author of [Your Inner Islands: The Keys to Intuitive Living](#), and is the Editor of [Circles of Compassion: Essays Connecting Issues of Social Justice](#). He travels with his wife, [Madeleine](#), a gifted Swiss-born visionary artist and silver flute player, providing concerts, lectures, workshops, and exhibits, and their intuitively-inspired Personalized Music and Art Portraits for individuals and couples. He is one of the founders of the [Circle of Compassion: Worldwide Prayer Circle for the Animals](#).

Recipient of the [Courage of Conscience Award](#) and the [Empty Cages Award](#), Dr. Tuttle's spiritually grounded talks and interviews are sought-after throughout the world.

Quotes: 1. Veganism is non-violence and respect for others, and so it requires a deep psychological transformation that goes far beyond just giving up meat, dairy, eggs, wool, silk, leather, down, rodeos, circuses, zoos, races, and products tested on or abusive to animals. It requires us to learn to listen deeply and respectfully to others, to speak our truth without guile, and to refrain from arguing. As soon as we're arguing, we've already lost. Will Tuttle, from essay [A Golden Key to Effective Animal Advocacy](#)

2. "Deep veganism arises in us as a heart-felt aspiration to embody lovingkindness in all of our relations with others, both human and nonhuman. It emerges as a sense of vast inclusivity." Will Tuttle, [Circles of Compassion: Essays Connecting Issues of Justice](#), pg 307.

Links to Related Resources:

1. [Deep Veganism: A Movement Whose Time Has Come](#) essay by Will Tuttle
2. [A Golden Key to Effective Animal Advocacy](#)
3. [The Six Paramitas](#) essay by Will Tuttle
4. [Essence of Deep Veganism](#) video with Will Tuttle
5. [10 Keys to Staying Positive](#) video with Will Tuttle
6. [Your Inner Islands: The Keys to Intuitive Living](#) book by Will Tuttle
7. [Circles of Compassion: Essays Connecting Issues of Justice](#) book by Will Tuttle (editor)
8. [Four Vihara Meditations](#) by Will Tuttle
9. [World Peace Meditations](#) by Will Tuttle
10. [Inspiring Vegan Activism Slide Presentation at Animals Rights Conference](#) video with Will Tuttle

Not for Profit Event: ALL Donation Proceeds turned over to support Dr. Tuttle's noble work in vegan compassion advocacy.

Event Contact: 250-721-1101 chris@veged.ca www.veged.ca