

Event: Healing Power of Music Workshop

Presenter: Dr. Will Tuttle PhD and Madeleine Tuttle

Date & Time: Monday, August 20 at 7pm - 8:30pm
Doors open at 6:30pm.
Doors will be locked at 7pm, and remain locked for the duration of the workshop.
Latecomers will be denied access.

Location: [St. Mary's Church](#)
1973 Cultra Avenue, Saanichton, BC

Maximum Participants: 100

Price and Payment Options: Cash Donations are greatly appreciated at the Door, on the evening of the Workshop. Donations may also be offered at the time of Registration (cash, cheque or Interac bank transfer).
Please Pre-Register prior to the Event. (Some seats will be available at the Door on the evening of the event.)

Registration Options:

1. Directly with the Event Contact (see contact details below); or,
2. Through [Eventbrite](#)

Link to [Facebook Event Page](#).

Event Description: Dr. Tuttle and his wife, Madeleine, share insights into the art of meditative improvisations, including techniques they use to bring about spiritually and intuitively guided musical expressions within the moment, and how this approach to music can bring a powerful healing force to our lives.

The workshop begins with a discussion of music as a healing modality from ancient times cross-culturally right up to the present day, with the *American Medical Association* recently recognizing the therapeutic effects of music.

Using the piano, Dr. Tuttle will demonstrate different rhythms, melodies, and harmonies along with exercises. He will also lead exercises with music and meditative listening, and some exercises with music and letting images be evoked and then discussed.

The music generally is loved by people as being uplifting, healing and inspiring.

Designed to Inspire: Professional and amateur musicians, music teachers, music students, and also anyone who may be interested in beginning music studies on any instrument, as well as people who simply appreciate listening to music.

About the Presenter: Dr. Will Tuttle, classically trained improvisational pianist, former church organist, composer, educator, Zen Dharma Master, and internationally celebrated author, has performed and lectured throughout North America, Europe, Asia, Australia, and more recently Africa and the Middle East. His doctorate degree with highest honours from the University of California, Berkeley, focused on educating intuition in adults, and he has taught college courses in creativity, humanities, mythology, and philosophy. He has a broad background in both Eastern and Western meditation traditions, and is a former Zen monk. Devoted to planetary awakening and to creating uplifting healing music, he has created 8 much-loved CD albums of original piano music, as well as his #1 Amazon best-selling book, [*The World Peace Diet*](#). He travels with his wife, Madeleine, a visionary artist from Switzerland, providing concerts, lectures, workshops, and exhibits, and their intuitively-inspired Personalized Music and Art Portraits for individuals and couples. He is one of the founders of the [*Circle of Compassion: Worldwide Prayer Circle for the Animals*](#). Dr. Tuttle has presented music workshops throughout North America, Europe, Australia, China, and India. Recipient of the [*Courage of Conscience Award*](#) and the [*Empty Cages Award*](#), Dr. Tuttle's spiritually grounded presentations and interviews are sought-after throughout the world. Please Visit: <http://willtuttle.com/will.htm>

Quotes: "As an improvisational pianist, I can attest from personal experience that thinking stops the flow of musical creativity. It is when I'm able to be more fully conscious, beyond thought, in the present moment, and allow the music to pour through that the most creative and inspired music arises." Will Tuttle, [*The World Peace Diet*](#) page 242.

- Links to Related Resources:**
1. [Empowered by Spirit Improvisation – Composed and Performed by Will Tuttle PhD](#)
 2. [Benediction of Light Improvisation – Composed and Performed by Will Tuttle PhD](#)
 3. [Music As Medicine](#) video presentation by Dr. Michael Greger MD
 4. [Mozart As Medicine](#) article by Dr. Michael Greger MD
 5. [Health Effects of Heavy Metal Music](#) article by Dr. Michael Greger MD
 6. [Music And Medicine](#) Podcast Interview of Dr. Neal Barnard MD
 7. [Original Compositions of Will Tuttle -- Sheet Music and CDs](#)
 8. [Awakening Your Inner Genius](#) (35 min.) Talk and piano performance by Will Tuttle PhD

Not for Profit Event: Donation Proceeds will support St. Mary's Church [Music Ministry](#), and Dr. Tuttle's work in helping to spread the joy of music throughout the world.

Event Contact: 250-721-1101 chris@veged.ca www.veged.ca