

PRESS RELEASE

Dr. Will and Madeleine Tuttle visit Victoria, BC, August 19-22, 2018!



Dr. Will Tuttle PhD and his wife, Madeleine, will visit Victoria during August 20-22, to deliver [five different presentations](#), each circling around the theme of creative, intuitive, and compassionate living. Dr. Tuttle is renowned for his seminal book, [*The World Peace Diet: Eating for Spiritual Health and Social Harmony*](#), which explores how our eating habits profoundly affect the world around and within us. He has also authored [*Your Inner Islands: The Keys to Intuitive Living*](#), which gives insights on how to arrange our lives such that our daily living is in accordance with our deepest inner values, by learning how to tune into and respond to our inner voice (which has, for many of us, been suppressed by our cultures and by our relationships with family and friends and social networks). He is the editor of [*Circles of Compassion: Connecting Issues of Justice*](#), which is a compilation of insightful essays that explore the intersection of common issues in the vegan and other justice movements. Will Tuttle is also known for his beautiful uplifting piano music, and has produced several CDs of music and guided meditations, and recently published [*Bursting Light*](#), a compilation of sheet music of his musical compositions along with inspirational art by Madeleine, a brilliant visionary artist, whose artistic creations reach deeply to uplift and inspire our own inner creative wisdom. A recently released film, [*H.O.P.E – What You Eat Matters.*](#), featured some of Dr. Tuttle's piano compositions throughout the film.

Many of Dr. Tuttle's wisdoms that form the foundations of his insightful teachings are shaped by his background as an enlightened Zen Dharma Master, his studies in adult intuition and altruism which he taught at the University of California in Berkley, his music studies (he is a classically-trained pianist who uses meditative intuition to approach his unique style of improvisational and on-the-spot original musical creations), his committed life as a vegan, and from his beloved wife, a deeply inspiring and uplifting visionary artist, gardener, and crafter.

While the couple are world-renowned for their unique talents in vegan advocacy, everyone is welcome to attend any of the five presentations. People who do, and also who do not, practice a vegan lifestyle will be sure to glean something from any one of the presentations. Each one is designed as stand alone, and offers unique perspectives such that someone can attend all five and come away with something different to think about after each different presentation. Some presentations may be interesting for anyone who is exploring or simply curious about the vegan movement, which is growing throughout the world. People of all ages, and cultures, and walks of life are moving in this direction for reasons of environmental urgency, for world peace, and for compassionate reasons, yet very little helpful information is available through our mainstream media. The Tuttle's workshops will give insightful perspectives, and also broaden understanding beyond some common fictional stereotypes depicted in some commercially funded information sources (which often construct ridiculous stereotypes). All kinds of people around the world are becoming part of the movement, people with different interests and backgrounds; and it is a movement that is available to everyone, regardless of age, social interests, educational background, spiritual practices, or culture.

The series begins with a workshop in Brentwood, on intuitive creative living that integrates the ancient yogic philosophy of Ahimsa (non-violence) as a way to improve our quality of life, and that of others around us. From there, they go to Saanichton where they present their next workshop on the power of music for healing. This workshop is open to all ages and abilities of musicianship (even non-musicians will benefit from exercises that tune our ears to a different way of listening). Professional musicians, students, and music teachers are expected to glean interesting insights shared by an enlightened Dharma master who uses music as a powerful health-promoting force in his own life. Especially interesting are the Tuttle's abilities to create and improvise original uplifting music together, on the spot.

The next day, the Tuttle's offer the [World Peace Concert for the Animals](#) in James Bay, which will be a fund raiser for [RASTA](#), a remarkable and recently established animal rescue sanctuary in Chemainus, which appreciates a lot of donations to help fund the care of over 70 rescued abused and abandoned farm animals.

On their final day, the Tuttle's will present an afternoon workshop in downtown Victoria, on creating joy as a vegan advocate. This workshop presents insights on how to bring joy to peoples' lives even while advocating on behalf of something that is heartbreaking and traumatic for many of us. It is sometimes easy to overlook that many people are living with sadness or loss or stress of some sort or other. There is much joy to bring to the lives of others through a compassionate and creative lifestyle, and it is important to share joy and well-being and beauty and fun and gentleness with others in our lives, even as we advocate for a more gentle world. And finally, the event series will close, also in downtown Victoria, with a free evening presentation about [The World Peace Diet](#) book.

The Tuttle's are [in demand](#) throughout the world, giving tours throughout the United States, Asia, Europe, Africa, Australia. The last time they gave so many presentations in a city, was last fall when they visited London, England, a huge city that is among those reputed to have the

most vegetarian restaurants in the world, and where large numbers of people are transitioning to a vegan lifestyle. In Victoria, not-for-profit volunteer efforts are making the Tuttles' inspiring talents available throughout our city to a wide variety of people with different interests, backgrounds and budgets!

Anyone who attends even one single event can be inspired to think about, or even try, something new in a way that makes life even more uplifting. This remarkable couple spends their married life inspiring others to make the most of a positive, compassionate, and meaningful life during the short and precious time each of us manifests as a living being on our beautiful and miraculous planet.

The events are designed to uplift and inspire, and we encourage everyone to come for at least one event. Undoubtedly, some people may wish to register for all five events, and others may opt for something in between. Everyone is welcome!!

Information on how to register for the presentations is at: <http://www.veged.ca/>